

READ THIS ENTIRE SHEET BEFORE USING THE SIMPONI® PREFILLED SYRINGE.

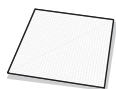
The SIMPONI® Prefilled Syringe

If your doctor decides that you or a caregiver may be able to give your injections of SIMPONI® (golimumab) at home, you should receive training on the right way to prepare and inject SIMPONI®. **Do not** try to inject SIMPONI® yourself until you have been shown the right way to give the injections by your doctor or nurse. Call your doctor if you or your caregiver have any questions about the right way to inject SIMPONI®.

Important things to note about your prefilled syringe:

- Always hold the prefilled syringe by the body of the syringe.
- **Do not:**
 - Pull back on the plunger at any time.
 - Shake the SIMPONI® prefilled syringe. This may damage the medicine.
 - Remove the needle cover from the prefilled syringe until you get to that step.
 - Touch the needle guard activation clips to prevent covering the needle with the needle guard too soon.
 - Use SIMPONI® if it has been frozen or if it has been kept at a room temperature that is too warm.
See the *Medication Guide* section: "How should I store SIMPONI®?"
 - Use your SIMPONI® prefilled syringe if it looks damaged.
- **These instructions are not meant to replace the *Instructions for Use* that come with your SIMPONI® prefilled syringe. When it is time to take your medication, please thoroughly read the *Instructions for Use* and the *Medication Guide* enclosed in the carton before use.**

STEP 1: GATHER THE SUPPLIES FOR YOUR INJECTION



1 alcohol swab



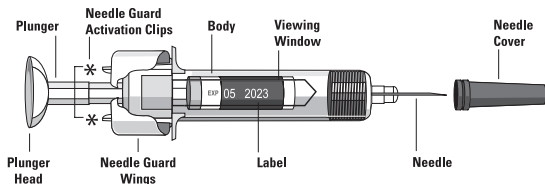
1 cotton ball or gauze



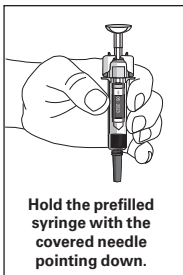
1 SIMPONI®
prefilled syringe



sharps container
for syringe disposal



STEP 2: GET READY TO USE YOUR PREFILLED SYRINGE



1. Check expiration date: Look for the expiration date printed on the back panel of the SIMPONI® carton. If the expiration date has passed, **do not** use the SIMPONI® prefilled syringe. Call your doctor or pharmacist, or call 1-800-JANSSEN (1-800-526-7736) for help.

2. Wait 30 minutes: To ensure proper injection, allow the prefilled syringe to sit at room temperature outside the carton for 30 minutes and out of reach of children. **Do not** warm the prefilled syringe in any other way.

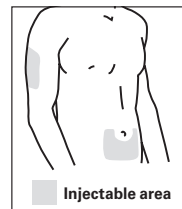
3. Check the liquid in the prefilled syringe: Hold your SIMPONI® prefilled syringe by the body with the covered needle pointing down. Make sure that the liquid is clear and colorless to slightly yellow in color. You may see a small amount of tiny particles that are white, or that you can see through. **Do not inject the liquid if it is cloudy or discolored, or has large particles in it.** You may also notice an air bubble. This is normal.

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STEP 3: CHOOSE AND PREPARE THE INJECTION SITE

1. Choose the injection site: The recommended injection site is the front of your middle thighs. You can also use the lower part of the abdomen below the navel/belly button, except for the two-inch area directly around the navel. If a caregiver is giving you the injection, the outer area of the upper arms may also be used. **Do not** inject into areas where the skin is tender, bruised, red, scaly, or hard. Avoid areas with scars or stretch marks.

2. Prepare the injection site: Wash your hands well with soap and warm water. Wipe the injection site with an alcohol swab. **Do not** touch this area again before giving the injection. Allow the skin to dry before injecting. **Do not** fan or blow on the clean area.



STEP 4: INJECTING SIMPONI® USING THE PREFILLED SYRINGE

Do not remove the needle cover until you are ready to inject SIMPONI®. Inject SIMPONI® within 5 minutes after the needle cover has been removed.

1. Remove the needle cover—**Do not touch the plunger while removing the needle cover.** Hold the body of the prefilled syringe with one hand, and pull the needle cover straight off. Put the needle cover in the trash. You may see an air bubble in the prefilled syringe. This is normal. You may also see a drop of liquid at the end of the needle. This is normal.

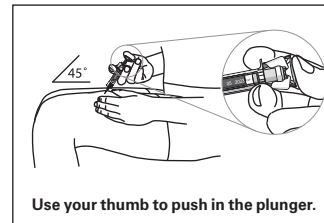
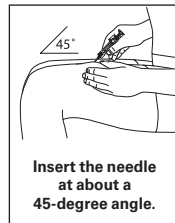
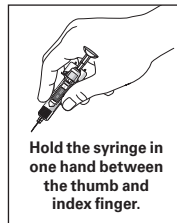
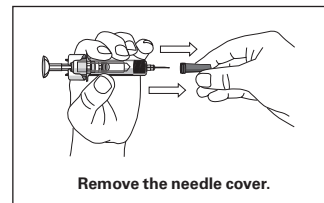
Do not touch the needle or let it touch any surface. Do not use the prefilled syringe if it is dropped without the needle cover in place.

2. Position the prefilled syringe and inject SIMPONI®— Hold the body of the prefilled syringe in one hand between the thumb and index fingers. **Do not** pull back on the plunger at any time. Use the other hand to gently pinch the area of skin that you previously cleaned. Hold firmly.

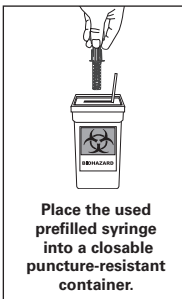
3. Use a quick, dart-like motion to insert the needle into the pinched skin at about a 45-degree angle.

Inject all of the medicine by using your thumb to push in the plunger until the plunger head is completely between the needle guard wings. When the plunger is pushed as far as it will go, keep pressure on the plunger head.

4. Take the needle out of the skin and let go of the skin. Slowly take your thumb off the plunger head. This will let the empty syringe move up until the entire needle is covered by the needle guard.



STEP 5: AFTER THE INJECTION



1. Dispose of the used syringe—Place the used syringe into a closable puncture-resistant container. For the health and safety of you and others, needles and syringes must never be re-used. Ask your doctor for instructions on the right way to throw away the container. **Do not** throw away your used prefilled syringe in household trash. **Do not** recycle.

2. Use a Cotton Ball or Gauze—**After the injection there may be a small amount of blood or liquid at the injection site, which is normal.** You can press a cotton ball or gauze over the injection site for 10 seconds. **Do not** rub the injection site. You may cover the injection site with a small adhesive bandage, if needed.

For injection assistance, please call SimponiOne® Nursing Support at 877-MY SIMPONI (877-697-4676) or visit the RN Live Link™ at www.SimponiOne.com.



Please read the *Medication Guide*, and discuss any questions you may have with your doctor.